



*'Meetings with humour and impact'*

### Companies

*How can we help you?*

1. A humorous way to **wrap up** a meeting. **Funny acts** for conferences, staff meetings or symposiums. **A sketch** just before the social gathering.
2. A **teambuilding activity**. A creative activity. I want to find **new insights** into your organisation together with a group of people.
3. A reliable party that can help or guide me **in setting up a programme** for your organisation.

### Improvised Comedy –show

*'Sketches based on your event and your suggestions'*

'ToAdjust' plays **rocking improv comedy** shows at your company, school or organisation. **Suggestions from the audience** are turned into songs, jokes and rap music on-the-spot. You can use us to **round off** the event or they can **frame a meeting with sketches** during the programme. Rocking laughter guaranteed!

### Workshops

*'Laughter is the shortest distance between people'*

Humour can be a very powerful communication tool. Using workshops designed on humour we create a new insight into team processes, communication and personal views. Humour: gets people out of the rut and stress, puts emotionally charged subjects into perspective, broadens points of views, eases tension during discussions, creates enthusiasm and connects.

## Theatrical foreman of the day

You can also put Ad-Just and his colleagues in as moderators or as foremen of the day. We will guide you through the day and turn it into a memorable meeting. All this by using **humour and energy**. We use a **no-nonsense and stimulating** style of interviewing. We make sure the participants stay engaged during a meeting or event. We tune in on the goals of the event. The **foreman of the day together with an act as one package** will work favourably on any budget. During the programme we act out **customized sketches** and we will – of course – send people home with a smile.

## Programme Design

ToAdjust.nl can help and guide you in organising and choosing the contents of your symposium, conference or meeting.

How to match the contents to the actual purpose of the organised event? How can we keep the participants actively engaged? What can we add to your meeting so we can turn it into an unforgettable event? We will gladly join you at the table and brainstorm together. Through years of experience we have gathered a network of professionals who can help to add more value to your meetings; for the ultimate result.

## About us

**ToAdjust.nl** is owned by *Ad-Just Bouwman*. Ad-Just was born on 17 May 1983 in Stadskanaal. He studied Musical Theatre and Drama Teaching at Fontys Hogescholen in Tilburg. In 2007 he won the talent show - organised and hosted by **de Lama's (BNN)** – in which they were searching for a new team member. Ad-Just also played *Viktor* in *Soldaat van Oranje the musical*. Recently he appeared as *Pelikaanman* in *de Leeuwenkuil* (ZAPP).

Over the past **9 years Ad-Just has specialised in Company Culture** and the effects of using humour as a valuable communication tool. He organises several different combinations of **improvisation theatre and workshops** for schools. We are based in Hilversum in the Netherlands.

## Video

[Raw footage from a show we did in Budapest for the 'Innoeit' inspiration days.](#)

***So in a nutshell: what can we do and achieve at your conferences, symposiums and staff meetings?***

*Round off the event or run a theme through the day*

*Give an insight into what's happening within the company or organisation*

*create a supportive base for ideas*

*loading of catch-all terms*

*interactive practice of communication skills*

*take away resistance in case of organisational changes*